

Teacher: _____

Block: _____

Name: _____

Heritage Woods Secondary School

Physical Education: Volleyball Rubric

FLEX MAKE UPS

DATE						
SCORE						

Circle the most appropriate description in each row to help determine your grade!

							ABS	LATE	N/S	
							Score	Weight	Grade	
ACTIVE LIVING	Participation	Attendance Lates	Extending 10 - 9 HAS NO UNEXCUSED ABSENCES/LATES (10) <ul style="list-style-type: none"> Has 1 EXCUSED absence or late (9) 	Proficient 8 - 7 HAS NO UNEXCUSED ABSENCES <ul style="list-style-type: none"> Has 2 excused absences/lates AND/OR Has 1 unexcused late 	Developing 6 - 5 HAS NO UNEXCUSED ABSENCES <ul style="list-style-type: none"> Has 3 or 4 excused absences/lates AND/OR Has 2 unexcused lates 	Emerging 4 - 3 HAS 1 UNEXCUSED ABSENCE. (SKIP) <ul style="list-style-type: none"> Has 5 excused absences/lates AND/OR Has 3 unexcused lates 	Incomplete 2 - 0 CONTINUES TO DISREGARD THE ATTENDANCE POLICY. <ul style="list-style-type: none"> Has 2 or more skipped classes 	/10	X1.5	/15
		Preparation	Always prepared <ul style="list-style-type: none"> Appropriate strip Appropriate shoes Belongings locked up No gum! 	Usually prepared, but may have on 1 occasion: <ul style="list-style-type: none"> Inappropriate shoes Brought a pack or other personal equipment Chewed gum in class 	Sometimes unprepared <ul style="list-style-type: none"> May have two or three of the previously listed offenses 	Usually unprepared <ul style="list-style-type: none"> Multiple offenses and no effort to make improvements 	Always unprepared <ul style="list-style-type: none"> No effort is made to meet the expectations May be absent or unprepared for class 	/10	x2	/20
		Effort	<ul style="list-style-type: none"> Always enthusiastic and motivated Always on task and applies rules of game. Always runs when expected 	<ul style="list-style-type: none"> Usually enthusiastic and motivated. May need minimal encouragement at times. 	<ul style="list-style-type: none"> Sometimes unmotivated. May be reluctant to participate and requires encouragement. 	<ul style="list-style-type: none"> Unenthusiastic Unmotivated Requires constant encouragement 	<ul style="list-style-type: none"> Refuses to participate May be absent or unprepared for class 	/10	x2	/20
MOVEMENT	Skills	Demonstration of skills meet all elements with no apparent errors: Passing, volleying, hitting, serving. Extending performance & effectiveness.	Demonstration of skills gives general impression of good form, but minor variations exist. Proficient performance & effectiveness.	Lacks smoothness when performing skills. Lack of control affect skills as a whole. Developing performance & effectiveness	Executes skills with many errors that result in inconsistency in performance & effectiveness.	Cannot evaluate progress. May be absent or unprepared for class.	/10	x1	/10	
PERSONAL & SOCIAL RESPONSIBILITY		Social Behaviour	<ul style="list-style-type: none"> Always demonstrates respect for others and equipment Always uses appropriate language Displays leadership by helping others and volunteering to lead Always attentive during instruction 	<ul style="list-style-type: none"> Usually demonstrates respect for others Usually uses appropriate language Usually attentive during instruction 	<ul style="list-style-type: none"> Sometimes disrespectful to others Sometimes uses appropriate language Sometimes inattentive during instruction 	<ul style="list-style-type: none"> Disrespectful and unwilling to work productively unless with specific people Uses inappropriate language Often inattentive during instruction 	<ul style="list-style-type: none"> Always disrespectful Repeatedly uses inappropriate language Inattentive during instruction 	/10	x2	/20
WRITTEN TEST							/20	x.5	/10	
SELF EVALUATION - LESSONS							/40	x.125	/5	
TOTAL							/100			