PHE Make Up Assignment:

Why is PHE Important?

**What to do:** Answer the following question. Use reliable resources to answer the question and include resources. Provide a personal response as well. At least 3 paragraphs.

Why is Physical and Health Education important and what are the benefits of daily physical? Activity? Why is physical and health education important to YOU?

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| Why is PHE Important? | Assignment provides thorough explanation why PHE and DPA are important. Reliable resources and personal response included. >3 paragraphs. | Assignment provides an explanation why PHE and DPA are important. Some reliable resources are used. Personal response included. 3 Paragraphs. | Assignment provides a brief explaination why PHE and DPA are important. Reliable resources and personal response are not included. <3 paragraphs. |