PHE Make Up Assignment:

Resource Summary

**Please read the assignment carefully and be sure to include all the requirements for full credit.**

A written assignment is due for each missed Physical and Health Education class. A summary and reaction will be based on a resource taken from: **newspapers, magazines, YouTube**. If you have difficulty finding a resource you can ask your teacher. You are to attach a copy of the resource to your completed summary. The summary and reaction must include **at least 3 paragraphs**.

**Possible Physical or Health Education topics:** sports, recreational, fitness, exercise and health benefits, athletic injuries, drug use in sports, athletes in the news, nutritional information, etc.

**Your assignment is to include the following**:

* Introduction
* Summary of the article. This section is to include 2 paragraphs in your own words.
* Your reaction to the article (examples of possible reactions below).

\* Why did you choose this article?

\* What do you think about this topic?

\* Was it interesting or not?

\* What did you learn from this article?

\* Do you agree or disagree?

\* Do you know anyone else that did this and what happened?

\* Would you want to be him/her/they?

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| RUBRIC | 5 | 3 | 1 |
| Summary  And  Reaction | Summary shows an outstanding understanding of the article.  Summary is >3 paragraphs.  Summary includes personal reaction.  Summary strongly relates to physical and health education.  Resource attached. | Summary shows an adequate understanding of the resource.  Summary is 2-3 paragraphs. Summary includes personal reaction. Summary relates to physical and health education. Resource attached. | Summary does not show an understanding of the resource.  Summary is <2 paragraphs. Summary does not include personal reaction. Summary does not relate to physical and health education. Resource is not attached. |