**PHE Blog Project**

* **The purpose of the blog is to:**
	+ Demonstrate and provide evidence that you have met the learning outcomes of the course
	+ reflect your PHE experiences
	+ share your growth over the year with your teacher, peers, and parents
* **Your posts will include:**
	+ Reflections on games, lessons, units, or presentations
	+ Written, photo, and video evidence that you have met the learning outcomes of each unit and of the entire course
	+ Activity and fitness logs
	+ Course assignments
	+ Other **relevant** information you want to share (extracurriculars, athletics, hobbies, lifestyle)

* **Possible sites to use:**
	+ [www.wordpress.com](http://www.wordpress.com)
	+ [www.weebly.com](http://www.weebly.com)
	+ [www.wix.com](http://www.wix.com)
	+ Personal choice?
* **Use your firstname.lastname as your username**
* **The blog will contribute to your applied knowledge marks – 10% of your final marks.**

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| **PHE Course Blog Rubric** |
| **Criteria** | **Excelling (5)** | **Proficient (4)** | **Developing (3-2)** | **Emerging (1)** | **Incomplete (0)** |
| **Reflections** | Provided a detailed reflection on every unit | Provided a brief reflection each unit | Sometimes reflects on units | Rarely reflects on units | Never reflected on any classes, units, or presentations |
| **Assignments** | Completed all assignments in high quality.Posted all assignments on time. | Completed all assignments and posted most on time | Completed most assignments and posted most on time | Completed some assignments and posted some online | Never posted assignments online |
| **Evidence of Learning****(x2)** | Provided a variety of evidence (written, photos, videos) that demonstrated excellence in all learning outcomes | Provided a variety of evidence (written, photos, videos) that demonstrated proficiency in learning outcomes | Provided limited evidence of developing learning outcomes | Provided limited evidence of emerging learning outcomes | Did not provide evidence of learning outcomes |