Peer Teaching Assignment

In groups of 2 you will create a warm up, or a warm up game that is engaging and fun for your classmates. Try to be unique and incorporate at least 3 of the following skills into your warm up/ warm up game: running, jumping, hopping, skipping, throwing, catching, kicking, striking, bouncing, balancing\*, bending\*, twisting\* and lifting\*. Warm up specific\*

We have gym 1 for this unit but outside warm ups are always welcome. You will have 15 mins to complete your warm up/warm up game.

Student(s):\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Activity:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Equipment needed:

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| --- | --- |
| -  -  -  -  - | -  -  -  -  - |

Skills Used/ taught:

|  |  |
| --- | --- |
| -  -  -  -  - | -  -  -  -  - |

**Warm up:**

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| --- | --- | --- |
| Time | Skill/ activity | Why |
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|  |  |  |

**Warm up Game:**

|  |  |  |  |
| --- | --- | --- | --- |
| Time | Game Objectives/ skills used | Rules | Formation/ Court |
|  |  |  |  |

**Teacher Evaluation/ notes:**