

BC HAM, APPLE & CHEDDAR PANINI



INGREDIENTS

8 Slices	Sourdough Bread	8 Slices
1/2 cup	Mayonnaise	120 ml
3 tbsp	Honey	45 ml
1 tbsp	Mustard	15 ml
3 1/2 cups	BC Cheddar Cheese, sliced or grated	400 mg
8 oz	BC Ham, sliced thin	240 g
2	BC Apples, cored & sliced	2

DIRECTIONS

1. Combine the mayonnaise, honey and mustard. Spread 1 tbsp (15 ml) on each slice of bread.
2. Cover 4 of the bread slices evenly with cheddar cheese.
3. Place 1/4 of ham on each sandwich.
4. Place 1/2 of a sliced apple on each sandwich.
5. Divide the remaining cheese evenly on each of the the sandwiches and top with a slice of bread.
6. Grill on a hot Panini grill, or bake in a 400° F oven, until gold brown and cheese has melted.

BC AG FACT

During the fall harvest, apples are handpicked into picking bags hung from the farmer's shoulder and when full, carefully emptied into wooden bins for shipping.