

Name: _____

Block: _____

Teacher Assessment: Catching Rubric

	Excelling	Proficient	Developing
Eyes	Eyes follow the flightpath of the object into the hands	Eyes may close upon contact with the object	
Body	Body is positioned directly in line with the object		Body may turn away to avoid the catch
Arms	Arms 'give' in contact with the object to absorb force	Arms tend to trap the ball rather than catching with the hands. Hands attempt to squeeze the object	Arms are held straight out in front of the body
Overall	Hands and fingers are spread and relaxed to receive the object	Catches are poorly times and uneven	The body rather than the arms is used to catch (trap) the object. The body does not react to the catch until the point of contact

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