

## BC SQUASH & ROOT VEGETABLE SALAD



## **INGREDIENTS**

2 Squash (Butternut, Acorn, Kabocha) or 1 Banana Squash

9 Parsnips, medium

1 Rutabaga, large

3 Turnips, medium

6 Carrots, medium

2 Onions, medium

3-4 fresh sprigs of each- Thyme, Rosemary, Oregano and Basil

1/2 head of garlic

1/2 cup Olive Oil

2 1/2 cups Roasted broken Walnuts

2 cups Cranraisins

1 cup Sundried Tomato vinaigrette

3/4 cup Feta or a lite Blue cheese

## **DIRECTIONS**

- 1. Peel and dice all vegetables into equal sizes, about 3/4 inch. Place altogether into a mixing bowl and add the garlic, fresh herbs and oil. Season lightly.
- 2. Place the vegetables onto a baking sheet and place it into a 325 F oven until just done and starting to brown. Remove to cool.
- 3. When cold, remove the sprigs of herbs and add 1 1/2 cup of Walnuts, all the Cranraisins and Sundried Tomato dressing. Mix.
- 4. Place the mixture into a serving bowl and sprinkle with the remainder of the Walnuts and Cheese. Serve and enjoy.