

TAKE A BITE OF BC

FRESH BC BERRY CREPES WITH VANILLA CREAM



INGREDIENTS

Prepared Crepes (recipe on next page)	12
Prepared Vanilla Cream (recipe on next page)	1 L
BC Blueberries & Blackberries	500 ml
Prepared Whipped Cream	250 ml
Powdered Sugar to garnish	

DIRECTIONS

- 1. Place 80 ml of Vanilla Cream into crepe.
- 2. Arrange 80 ml of fresh berries on the vanilla cream.
- 3. Carefully roll the crepe into a cylinder or fold into quarters.
- 4. Repeat until all crepes are used.
- 5. Garnish with remaining berries, 15 ml of whipping cream & powdered sugar.



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INGREDIENTS

Crepes

Whole Eggs	3
Egg Yolks	3
Water	150 ml
Milk	300 ml
Granulated Sugar	100 g
Salt	Pinch
Flour	200 g
Clarified Butter or Canola Oil	As needed to grease pan
Unsalted Butter, melted	75 g
Vanilla Cream	
Pastry or Bavarian Cream	500 ml
Whipping Cream	500 ml

DIRECTIONS

For the Crepes:

- 1. Combine eggs, egg yolks, water & milk.
- 2. Combine sugar, salt and flour with wet ingredients in a large mixing bowl.
- 3. Add melted butter and combine.
- 4. Let batter rest for at least 1 hour.
- 5. Heat 6" non stick pan over medium heat.
- 6. Add a little of the butter to lightly coat the pan.
- 7. Pour in 30 ml to 45 ml of the batter into the prepared pan. Swirl batter around to coat the pan evenly.
- 8. When the crepe is slightly browned, carefully flip and cook the other side for just a few seconds longer.
- 9. Place crepe onto plate and dust with powdered sugar.
- 10. Repeat process until all batter is used.

For the Vanilla Cream:

- 1. Place Pastry or Bavarian Cream in mixing bowl.
- 2. Carefully fold in whipping cream until just combined.

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